



# INSIGHTS OF MYSTICAL, SPIRITUAL AND THEOLOGICAL STUDIES

ISSN (P): 2958-5082 | ISSN (Online): 2958-5090

Vol. 02, No. 07, August 2023



A research journal published by the RMR Publishers; an exclusive part of the Rehmat and Maryam Researches; working under the SECP registration no. 206355 and copyrighted in accordance with the Copyright Ordinance 1962 of Pakistan

## Patron-in-Chief

**Maryam Habib** (Director and Founder at the Rehmat and Maryam Researchers (Islamabad, Rawalpindi and Lodhran), Former Research fellow at the Fatima Zahera Society for Women Development in Afghanistan, Iran and Pakistan, Qom, Iran)

## Editor-in-Chief

**Dr. Ismail Adaramola Abdul Aziz** (Assistant Professor at the Islamic International University Islamabad)

## Editor

**Dr. Zulkaif Umar Shah:** Assistant Professor at Government Associate College Dhoke Syedan, Rawalpindi Cantonment

## Managing Editor

**Dr. Sawaira Rashid:** Assistant Professor at the University of Central Punjab, Lahore Campus

## Editorial Board

**Dr. Zia-ur-Rehman:** Lecturer at Government Associate College Dhoke Syedan, Rawalpindi Cantonment

**Dr. Muhammad Ikram:** Lecturer at University of Central Punjab, Lahore Campus

**Dr. Ghulam Asghar:** Assistant Professor at the Islamia University of Bahawalpur

**Dr. Najeeb Jamal:** Dean Faculty of Arts and Professor at the Islamia University of Bahawalpur

**Muddassar Abbas:** Lecturer at Government Associate College Dhoke Syedan, Rawalpindi Cantonment

**Umar Bin Salam:** Lecturer at Government Associate College Dhoke Syedan, Rawalpindi Cantonment

## Advisory Board

**Dr. Waseem Ullah:** Assistant Professor at the University of Lakki Marwat, Lakki Marwat

**Dr. Syed Raheem Abbas Naqvi:** Assistant Professor at the Government Postgraduate College Bhakkar

**Dr. Shumaila Arzoo:** Research Fellow at Zhejian University Hangzhou (China), and Representative of Rehmat and Maryam Researches (Islamabad, Rawalpindi and Lodhran) as Virtual Academic Consultant

**Dr. Hafiz Khalid Rasheed:** Lecturer at Informatics Group of Colleges Arifwala

**Dr. Khan Zeb:** Lecturer at Government College Kaniguram, South Waziristan

**Ikram Ghani:** Lecturer at University of Peshawar

## Publisher

RMR Publishers; An Exclusive Part of the Rehmat and Maryam Researchers (Islamabad, Rawalpindi and Lodhran)

## Contact

### Mailing Address:

House No. 03, Street No. 05 (close to Meezan Bank), Iqbal Town, Islamabad Expressway Service Road East, Rawalpindi

### Principal Contact:

Maryam Habib (Patron-in-Chief)  
rehmatandmaryam@gmail.com  
editor@rmrpublishers.org

### Technical Support:

00861-954-8155095  
0092-301-4799262

## Editorial

The Dear Readers,

We are delighted to present the August edition of Insights of Mystical, Spiritual, and Theological Studies (IMSTS), a scholarly journal dedicated to exploring the diverse dimensions of mysticism, spirituality, and theology. This edition features two compelling papers authored by Dr. Samina Noor, Grigol Uznadze, and Dr. Muhammad Asim.

In the first paper, titled “Exploring the Multifaceted Dimensions of Rural Life: A Comparative and Interdisciplinary Analysis of Grigol Uznadze’s Poem within the Framework of Mystic or Sufi Studies”, Dr. Samina Noor and Grigol Uznadze undertake a comprehensive and interdisciplinary analysis of Uznadze’s poem. This research delves into the rich tapestry of rural life, employing a comparative framework and drawing upon mystical or Sufi studies. The paper provides valuable insights into the multidimensional aspects of rural existence and its connection to mysticism and spirituality.

The second paper, authored by Dr. Muhammad Asim, is titled “Beyond the Hegemon: Iran’s Resistance to US Human Rights Abuses in Afghanistan, Pakistan, Iraq, Syria, and Yemen”. Dr. Asim’s research sheds light on Iran’s unwavering stance against US human rights abuses in several countries. By focusing on Afghanistan, Pakistan, Iraq, Syria and Yemen, the paper explores Iran’s resistance to hegemonic powers and highlights the importance of protecting human rights within the context of geopolitical dynamics. This thought-provoking study offers a critical analysis of Iran’s actions and their implications for human rights advocacy.

We extend our gratitude to Dr. Samina Noor, Grigol Uznadze, and Dr. Muhammad Asim for their significant contributions to this edition of IMSTS. Their research not only enriches our understanding of mystical, spiritual, and theological studies but also sheds light on the complex interactions between society, culture, and spirituality.

We invite readers to engage with the papers in this edition, as they offer unique perspectives, interdisciplinary analyses, and profound insights into mystical, spiritual, and theological studies. It is our hope that these papers will inspire further research, encourage dialogue, and contribute to a deeper understanding of the multifaceted dimensions of spirituality and its impact on human life.

We extend our appreciation to the authors, reviewers, and the wider scholarly community for their continued support of IMSTS. We remain committed to fostering academic excellence and providing a platform for insightful research in the field of mystical, spiritual, and theological studies.

Warm regards,

**Dr. Shumaila Arzoo**  
RMR Representative in IPICS  
Advisory Board